

# Jensen's Healthy Home News

"Secrets For Living A Healthy, Wealthy & Happy Life..."

## "A totally cool day" July 4th

Independence Day, also referred to the Fourth of July or July Fourth, is a federal holiday in the United States commemorating the adoption of the Declaration of Independence on July 4, 1776. The Continental Congress declared that the thirteen American colonies regarded themselves as a new nation, the United States of America, and were no longer part of the British Empire. The Congress actually voted to declare independence two days earlier, on July 2.



Independence Day is commonly associated with fireworks, parades, barbecues, carnivals, fairs, picnics, concerts, baseball games, family reunions, and political speeches and ceremonies, in addition to various other public and private events celebrating the history, government, and traditions of the United States. Independence Day is the National Day of the United States.

### Observance

- On July 4, 1777, thirteen guns were fired, once at morning and again as evening fell in Bristol, Rhode Island. Philadelphia celebrated the first anniversary in a manner a modern American would find quite familiar: an official dinner for the Continental Congress, toasts, 13-gun salutes, speeches, prayers, music, parades, troop reviews and fireworks. Ships were decked with red, white and blue bunting.
- In 1778, General George Washington marked the Fourth of July with a double ration of rum for his soldiers and an artillery salute. Across the Atlantic Ocean, ambassadors John Adams and Benjamin Franklin held a dinner for their fellow Americans in Paris, France.
- In 1779, July 4 fell on a Sunday. The holiday was celebrated on Monday, July 5.
- In 1781, Massachusetts was the first legislature to recognize the Fourth of July.
- In 1791, First recorded under "Independence Day" name.
- In 1870, the U.S. Congress made Independence Day a holiday, albeit unpaid, for federal employees.

-- Wikipedia

see the

**SPECIAL INSERT**

inside...

**Keeping carpets  
looking new**



1720 Lime Kiln Road  
Green Bay, WI 54311  
info@jensenscarpetcare.com

Flooring  
Q & A  
with  
Joel J.



Joel Jensen

Hi Joel!

**Q:** I dropped a cup of coffee on the hallway carpeting. How can I remove the coffee stain?

**A:** The best way to attempt this is to blot the area (never scrub) with a clean white rag or paper towel and try to remove as much of the coffee as you can. The next step is to make a light cleaning solution using one tablespoon of white vinegar with two cups of water. Take this solution and transfer from a new clean rag or paper towels to the spot. You don't want to over-wet the area as this could cause other complications. You may have to repeat this process a few times. If coffee spill was more than a few drops there is a good chance it got into the pad, meaning, when it dries it most likely will wick back. If this happens, repeat the last step. If you just can't get the stain out, give us a call and we should be able to remove it.

### Joel says:

Remember, spots and stains can be tricky, and certain cleaners can cause permanent damage. Call Jensen's anytime for a free quote if you'd like us to take a look.

Have a flooring question for Joel?  
Email it to:

info@jensenscarpetcare.com

Featured Local Event:  
JULY 2023



Location:

**Hy-Vee Plaza Green Bay**

Date: Thurs. July 6, 13, 20, 27

Time: 4:30 p.m. - 8:30 p.m.

The Titledown Night Market presented by Broadway Automotive is located just west of Lambeau Field and hosts over 70 vendors each week! Blending Wisconsin culture and fun with food, drinks and shopping, it's the perfect social setting for a summer night in Green Bay.

Info: <https://www.titledown.com/events/calendar/night-market>

Client of the month:  
July 2023

**Angie Kruse**

*Thank you for being a valued customer for many years. We know you have a choice for your carpet care needs and we are grateful that you choose us. Your recent kind comments complementing our service and technician are greatly appreciated.*

## Healthy talk

### How to improve air quality in your home

More often in summer than winter, homes seem to acquire a stagnant odor. Fortunately, boosting air quality can be easy and inexpensive. Here's how to do it:

Begin by cleaning away dust in often-missed places such as ceiling fans, baseboards, and moldings.

Then clean the ductwork of your heating and air-conditioning system. Though a professional will do a better job, just placing the vacuum cleaner hose into various ducts can draw out a great deal of dust.

Use furnace vent filters. Lift up your vents and put the filters in place. The air goes through the filter before it comes out. It traps the dust.

For a more serious problem, consider an in-line air-purification system. The unit will pay off in the form of clean air for years to come.

Another approach to lowering the concentrations of indoor air pollutants in your home is to increase the amount of outdoor air coming indoors. Opening windows and doors, operating window or attic fans, when the weather permits, or running a window air conditioner with the vent control open increases the outdoor ventilation rate.

### Fighting stress...

To fight stress, get a pet. Work can be stressful. Sometimes home life is stressful too, but having a pet can help. A pet care trust study shows that you don't even have to stroke or cuddle your pet to reap the stress-busting benefits.

Merely being in the same room with a pet has been shown to lower stress levels; reduce heartbeat, and lower blood pressure. About 64 percent of people reported that having a pet reduced their anxiety levels. Researchers at the University of Pennsylvania say gazing at a fish tank can have the same calming effect as a session of hypnosis.



## Quote for July

*"Freedom is not worth having if it does not include the freedom to make mistakes." – Mahatma Gandhi*



Get exclusive specials when you "Like" us at [www.Facebook.com/JensensCarpetCare](http://www.Facebook.com/JensensCarpetCare)



## July is National Grilling Month *safety tips for grilling*

The National Fire Protection Agency reports that barbecue grills caused about 1,000 structure fires and 3,400 outdoor fires in one recent year.

It's important to realize that safe grilling begins before the cooking starts. With gas grills, check the connection between the propane tank and the fuel line to be sure it is working properly and not leaking. If you suspect a leak, put soapy water on the area and watch for bubbles to discover where it is. Never use a match to check for a gas leak, and never light the grill until the leak is fixed.

Position any grill on a level surface that is at least three feet away from other objects, including the house and shrubs or bushes. Keep children and pets away from the cooking area.

When you're ready to barbecue, protect yourself with a heavy apron and oven mitts that fit well over your forearm. When the party is over, store the grill outside and away from the house. Make sure the valves are turned off.

For charcoal grills, use only starter fluids designed for that purpose. Never use gasoline. If the fire is slow, add dry kindling. Don't add more liquid starter or you could cause a flash fire.

Remember to soak the coals with water before you put them in the trash. Never use a barbecue indoors or in an unventilated space. It's a fire hazard and could cause all kinds of problems.

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## The lighter side:

Ralph passed away. His will provided \$30,000 for an elaborate funeral. As the last guests departed the affair, his wife, Helen, turned to her oldest friend and said, "I'm sure Ralph would be pleased."

"I'm sure you're right," replied Jody, "How much did this really cost?"

"All of it," said Helen. "The funeral was \$6,500. I gave \$500 to the church. The wake and food were another \$500. The rest was for the memorial stone."

Jody computed quickly. "\$22,500 for a memorial stone? How big is it?!"

Helen thought a moment before replying softly, "Two and a half carats!"



**Cool Blogs,  
Sites & Online  
Resources to  
Check Out  
This Month!**

### *SuperCook.com*

If you want to surf the Internet in a semi-productive way but not so productive that you actually have to leave the house then check out Supercook.

Here's how it works: You tell it which ingredients you have in stock in your home, and it'll give you a big list of recipes you can make using just those ingredients. It's a fun way to stay thrifty, clean out the fridge, and make sure food doesn't go to waste.

*July*

**Fun Facts!**

### **July 2023 daily holidays, special and wacky days**

- *International Chicken Wing Day*
- *World UFO Day*
- *Compliment your Mirror Day*
- *International Kissing Day*
- *Embrace Your Geekness Day*
- *Bastille Day*
- *Global Hug Your Kids Day*
- *World Emoji Day*
- *Moon Day*
- *Tell an Old Joke Day*
- *Culinarians Day*
- *Aunt and Uncle Day*
- *International Day of Friendship*

# Jensen's Healthy Home News

1720 Lime Kiln Road  
Green Bay, WI 54311

**Your new July  
issue has arrived...**

## Inside:

- A "totally cool day" the 4th of July
- Safety tips for grilling
- Healthy Talk ... *Air quality, fight stress with pets*
- Plus More ... *Holidays in July*

**Need help now? Call us!**

**(920) 393-4062**

info@jensenscarpetcare.com

# Jensen's Healthy Home News



## Jensen's MEGA TRIVIA Question

The first six people who call our office with the correct answer will win a \$15.00 gift certificate for **Hagemeister Park**

325 N Washington St, Green Bay

Take your best guess and call us  
at 920-393-4062!

*(Be courteous and allow six months between wins)*

**This month's Mega Trivia Question:**

Who said "Freedom is not worth having if it does not include the freedom to make mistakes?"

- A) Liberace B) Gandhi  
C) Madonna D) Bono

**Hint: You'll find the answer in the newsletter.**

## Discover the "secret" to keeping carpets looking new for long time

Hello friends and clients. How would you like to have a dinner party and not even flinch when your overly animated neighbor knocks over his cup of coffee? Or, how would you like to have "pizza night" with the family and not bat an eye when Junior drops his slice of greasy pepperoni face-down on the carpet?

Maybe until now things like coffee and pizza have been banished to the kitchen because of your fears of ruining your beautiful carpet. Well fear not. Today's carpet protection is the professional carpet cleaner's best "secret" to extending the life of your carpet.



### What exactly is "Carpet Protection"?

When your carpeting was new, the factory had applied a product that coated each fiber and created a barrier of sorts against stains, soils and oils. But with time, wear, and even cleanings this protective coat begins to diminish and needs to be re-applied.

That's where we can help. We can re-apply a factory-approved product that will keep your carpet looking and performing as good as new. A lot of folks skip this important step and end up with stained, tired looking carpet that looks old before it's time. If you are one of those people who never saw the value of re-applying carpet protection, just think of it as the "SPF of carpets". You wouldn't dare go out in the sun these days without your layer of SPF "protection" to keep your skin looking fresh and new. Well, your carpet needs its protection too! It needs that little layer of protection to protect against everything from dry soils to grease and wine spills.

Of course, when you protect your carpet it doesn't mean you can just let spots and spills sit there – all spills and spots must be attended to promptly. We recommend using hot tap water with a touch of mild soap (no bleach!) and just blotting with a clean absorbent white towel – never rub or scrub because you'll only tear up your fibers.

Still, sometimes we hear this...

### "I've paid for carpet protection before and couldn't tell a difference."

That could be a good thing. You want your carpet to perform as it did new from the factory. However, there are instances where a cleaner may not be using a good product, may not be applying it correctly, or may not use the proper tools to apply it with. That's why we guarantee everything – even the performance of our carpet protection - with a 100 percent satisfaction guarantee. Now, to encourage you to remember to protect your carpet we're offering an irresistible offer for the month of July. Check it out!

Do you know anyone in need of a cleaning before their summer vacation? Please have them call us and we will give them a FREE room of carpet cleaning in your name! (Up to 200 sq. ft. of carpet. New clients only.)

P.S. We will send you a \$10 gift certificate for your referral. So THANKS in advance!!

### A Deal For You

Call Jensen's Carpet Care & Restoration

**920-393-4062**

or email: [info@jensenscarpetcare.com](mailto:info@jensenscarpetcare.com)

before July 31, 2023, and get:

**One room of carpet protection for free\*!** (Up to 200 square feet)

A \$42 cash value absolutely free!

You'll see how beneficial it is to maintain the protection of your carpets!

\*Minimum charge always applies. Not valid with other offers. Must be in combination with carpet cleaning.

Thank you for the referrals!

***Special thanks to all those who referred Jensen's...***

Zoe VanOss, Ray Siebert, Jean and Bob Wanish, Irene Mayer, Barb Mahcon, Rob Friese, Bob Walczyk, Tracy Alpert, Facebook, Google Search and Reviews, Yelp and Angie's List, Toonen Properties, Kos Management, Brook Park Apartments, Alliance Management, Olejniczak Realty, Keller Williams Realty

Thanks for all the kind words!

**Bill Starry** - "Everything turned out fine. Technician was very professional and did an excellent job."

**Rebecca Johnson** - "We were very satisfied with the carpet cleaning job the technician did for us. All went well."

**Julie Fidani** - "The cleaning was great! Technician was very polite and so easy to work with. He did a wonderful job."

**Katelyn Beyer** - "The carpet looked very good, thank you for getting it done so quickly!"

**Jessica Albert** - "Cleaning was great. I will recommend you guys."

**Andrew Derenne** - "Very happy with the technicians."

**Lisa Mayer** - "Carpet looks awesome. We will definitely recommend you guys to anyone."

**Lisa Pelky** - "Carpet looks wonderful."

**Denise Doering** - "Everything looks really good. Thank you!"

**Barbara Stenger** - "Tech did an amazing job."

**Pat Bodart** - "Techs did an excellent job."

**Shirley Fox** - "Everything is fine. We appreciate your good work."

**Adrienne Hillesheim** - "Loved my experience with Jensen's! I will definitely be recommending to others."

**Mike Muoio** - "Great job- we will pass the word to friends and neighbors."

**Renata Anderson** - "Everything went very well. The technicians were on time, nice and did a good job."

**Jim Hermans** - "My Mom was very pleased with the cleaning of her carpets. Thanks again for doing such a great job."

**Muriea Jaeckels** - "Tech did a wonderful job. She was kind and easy to work with. Carpet looks great."

**Jeff Meehl** - "Very pleased with the people who cleaned our basement carpet yesterday. Were actually here a half hour earlier than planned which really worked out well for me. Courteous and efficient. All around good experience."

**Susan Kennedy** - "Cleaning went very well. Floors look great."

**Carol Van Vreede** - "Everything went well...Tech is very professional and did a great job!"

**Alvaro Rubio** - "Everything was perfect."

Other positive comments from:

Diane Gerhard, Cathy Schumer, Greg Cornell, Gail Campbell, Romona Makos, Rachel Dejardin, Katie Keller, Zoe Harkoff, Gelana Davis, Mary Jo Janssen, Amy Rubright, Martha Linck, Barb Schumacher