

Jensen's Healthy Home News

“Secrets For Living A Healthy, Wealthy & Happy Life...”

St. Patrick's Day March 17, 2021

Saint Patrick's Day is the Irish feast day that celebrates Saint Patrick (386-461), the patron saint of Ireland. It is a legal holiday in the Republic of Ireland, Northern Ireland, the overseas territory of Montserrat and the Canadian province of Newfoundland and Labrador. It is celebrated worldwide by the Irish and those of Irish descent (and increasingly by many of non-Irish descent). A major parade takes place in Dublin and in most other Irish towns and villages. The four largest parades of recent years have been held in Dublin, New York City, Manchester, and Savannah. Parades also take place in other places, including London, Paris, Rome, Munich, Moscow, Beijing, Hong Kong, Singapore, Copenhagen and throughout the Americas.

As well as being a celebration of Irish culture, St. Patrick's Day is a Christian festival celebrated in the Roman Catholic Church, the Church of Ireland (among other churches in the Anglican Communion) and some other denominations. However, as a Christian festival, St. Patrick's Day sometimes is required to give way to a more important feast. The day always falls in the season of Lent, and it may fall in Holy Week. In church calendars if St. Patrick's Day falls on a Sunday, it is moved to the following Monday. If it falls in Holy Week, it is moved to the second Monday after Easter. In Ireland it is traditional that those observing a Lenten fast may break it for the duration of St. Patrick's Day.

St. Patrick's Day parade history

The longest running St. Patrick's Day parades in the U.S. are:

- Boston, Massachusetts, since 1737
- New York, New York, since 1762
- Philadelphia, Pennsylvania, since 1780
- Savannah, Georgia, since 1813
- Carbondale, Pennsylvania, since 1833
- Chicago, Illinois, since 1843
- New Haven, Connecticut, since 1845
- San Francisco, California, since 1852
- New London, Wisconsin, since 1982

see the

SPECIAL INSERT

inside...

**Six easy tips
for keeping your
carpet looking
like new!**



1720 Lime Kiln Road
Green Bay, WI 54311
info@jensenscarpetcare.com



Joel Jensen

Hi Joel!

- Q:** We had friends over for St. Patrick's Day fun and ended up with Guinness Stout on the carpet. I soaked it up with a towel, but it still smells. Help!
- A:** Top 'O the day—what a sad waste of Guinness! You'll want to treat it right away, blotting up as much as you can with paper towels until no more liquid comes up. Then, mix 1 tablespoon of white vinegar and 3 drops of dish soap with 2 cups of luke-warm water in a bowl or bucket (measurements are approximate). Dip an absorbent white cloth into the soapy solution, wringing out some of the liquid. Dab the area, working from the outside edges toward the center. Rinse the cloth frequently, dipping it back into the soapy water and wringing it out before another application. Air dry completely. For a large spot you may need a ceiling or portable fan to hasten drying. If an odor remains after drying, sprinkle the cleaned area with baking soda. Vacuum after 30 minutes or so to remove the powder. Repeat the baking soda treatment if needed.

Joel says:

Remember, spots and stains can be tricky, and certain cleaners and techniques can cause permanent damage. Call Jensen's anytime for a free quote if you'd like us to take a look.

Have a flooring question for Joel?
Email it to:

info@jensenscarpetcare.com

Featured Local Event:
MARCH 2021



Home + Lifestyles
- experience -

TUNDRALAND
.com

Location:

Resch Expo

820 Armed Forces Dr., Green Bay

Dates: **March 19-21**

Times: **Fri, 2-8 p.m.**

Sat, 10 a.m. – 7 p.m.

Sun, 10 a.m. – 4 p.m.

The long running Home & Garden Show is joining forces with The Home Expo to create a new event called the Green Bay Home + Lifestyles Experience, March 19-21, 2021 at the new Resch Expo

For pricing and more information, visit:

www.reschcenter.com/events

Client of the month:
March 2021

Sue and Chuck Grigus

Chuck called after technicians left to say what a terrific job they did. He said they'd never used us before, but will certainly again and will refer Jensen's Carpet Care to friends.

Healthy talk

How to help a loved one heal

When a loved one is in the hospital or at home recovering from an illness, the way you interact with him or her can actually help speed – or slow – the healing process. Here's how to be a good visitor:



- Don't drop in. Call ahead to the patient – or to a family member – and ask what the best time is for you to visit. If you plan on visiting often, talk to other regular visitors and coordinate your schedules. That way, you will avoid overwhelming the patient – and give relief to his family members as well.
- Knock before entering. People will often mistake an open door as an invitation to walk in unannounced. Knock first, then wait for a response. By asking for permission to enter, you are empowering your loved one.
- Sit down. After entering the patient's room, sit down as soon as possible. If your loved one is lying in a bed or sitting in a chair, this puts you at eye level.
- Ask open-ended questions. When visiting someone who is ill, people frequently blurt out seemingly innocuous statements, such as, "My, isn't it lovely day?"... "You look wonderful"... or "Everything's fine – you have nothing to worry about." These statements are really saying, "I can't deal with anything you want to talk about, so I'm going to talk for you." Instead, ask open-ended questions, such as "How are you?"... "How are you feeling?"... or "How are things going?" This lets the patient choose how to respond. What your loved one may want most is simply to talk about what he is feeling and thinking. If so, listen very carefully. Do not feel pressured to make "constructive" comments.
- Don't feel you have to speak. The most important gift you can give is simply to be there, physically and emotionally. When people have their loved ones nearby, it can actually change their physiology for the better. Immune function improves, and levels of stress drop. If the patient doesn't feel like talking, that's fine. Simply sit and read silently by the bedside.
- Bring gifts. Even if your loved one doesn't ask for anything, bring along a gift, such as a book, tape or CD you think he might enjoy. You can also bring photographs of family members and friends, wall hangings and personal items, such as a favorite blanket, to make the room more comfortable and familiar.
- Never underestimate the power of prayer. Many doctors and patients have learned from personal experience that religious faith is good medicine. In recent years, hundreds of clinical studies have demonstrated that this statement is not just a matter of faith, but rather of science. Regularly saying brief prayers that express your good wishes for the comfort and healing of others will not only benefit the sick person, but it will bring comfort and healing to you as well.

-Source, Dr. Bernie Siegel

Quote for March

"May the roof above us never fall in. And may the friends gathered below it never fall out."

-Irish Blessing

Irish humor for St. Patrick's Day

Here's some Irish humor to put a smile on your face this month!



How can you spot a jealous shamrock? (It will be green with envy.)

What would you get if you crossed a leprechaun with a Texan?
(A pot of chili at the end of the rainbow.)

Why did the leprechaun turn down a bowl of soup?
(Because he already had a pot of gold.)

What do you call a fake stone in Ireland? (A sham-rock.)

Why do people wear shamrocks on St. Patrick's day?
(Because real rocks are too heavy.)

Why do leprechauns hate running? (They'd rather jig than jog.)

Why can't you borrow money from a leprechaun?
(They're always a little short.)

Why should you never iron a 4-leafed clover?
(Because you should never press your luck.)

How did the leprechaun get to the moon? (In a sham-rocket.)

What do you call a leprechaun who broke the law? (A lepre-con.)

What kind of spells do leprechauns use? (Lucky Charms.)

How can you tell if a leprechaun likes your joke?
(He's "Dublin over" with laughter!)

"Knock-knock! Who's there? Warren. Warren who? Warren anything green for St. Patrick's day?"



Amazing websites to visit this month:

Cute and Magical

Here are some awesome websites to enjoy:

1. **AttackoftheCute.com**

Attack of the Cute website mainly shows you a lot of cute pictures of different animals. Any animal lover will go crazy by visiting this cute website. Do you know that "aww" feeling? Yes? Then you need to visit this website for sure!

2. **Akinator.com**

This website is definitely magical, or rather feels that way. Here you can think of any character in the entire world, and through several questions, it will give you the correct name of any person or character you were thinking about. For example, you think of any actor and answer some questions. You won't believe your eyes when the results are displayed. You'll be amazed by this website. Go and try for yourself.

March

Fun Facts!

You only have two body parts that never stop growing.

Human noses and ears keep getting bigger, even when the rest of the body's growth has stopped.

Octopuses lay 56,000 eggs at a time.

The babies are the size of a grain of rice when they're born.

That tiny pocket in jeans was designed to store pocket watches.

The original jeans only had four pockets: that tiny one, plus two more on the front and just one in the back.

Turkeys can blush.

When turkeys are scared or excited—like when the males see a female they're interested in—the pale skin on their head and neck turns bright red, blue, or white.



Get exclusive specials when you "Like" us at www.Facebook.com/JensensCarpetCare

Jensen's Healthy Home News

1720 Lime Kiln Road
Green Bay, WI 54311

**Your new March
issue has arrived...**

Inside:

- St. Patrick's Day – March 17
- How to help a loved one heal
in Healthy talk
- Fun Irish Humor

**Need help now? Call us!
(920) 393-4062**

info@jensenscarpetcare.com

Rather receive your newsletter via email?
Call or email us and we'll set it up!

Jensen's Healthy Home News



Jensen's MEGA TRIVIA Question

The first six people who call our office with the correct answer will win a \$15 gift certificate for **Los Banditos Restaurante & Cantina**

2335 W. Mason St.

Take your best guess and call us
at 920-393-4062!

(Be courteous and allow six months between wins)

This month's Mega Trivia Question:

What's a body part that never stops growing?

- A) Your tongue B) Your nose
C) Your big toe D) Your Heart

Hint: You'll find the answer in the newsletter.

Do you want your carpets to last longer and look cleaner all of the time?

Hello Friends! If you answered "Yes!" to the question above, then be sure to take a quick look at these...



Six easy tips for keeping your carpet looking like new!

- 1. Vacuum frequently and thoroughly.** Dirt is the number one cause of wear and tear to your carpet. Be sure that you are vacuuming thoroughly at least once per week to keep the dry soils to a minimum and maximize the life of your carpet.
- 2. Clean up spots and spills swiftly and properly.** To properly remove a spot, use a clean absorbent towel (preferably a white one to avoid color transfer) and hot tap water in a spray bottle containing a small amount of a mild detergent – just make sure the detergent does not contain bleaching agents. Next, alternate blotting and spraying the area, DO NOT over wet the spot. You can even place a dry absorbent towel under something heavy like a book to completely remove the moisture from the carpet. Most spots can be removed if they are caught early. Of course, the exceptions are, if a spill contains a dye, (i.e., red juice) or a bleaching agent then the spot is usually permanent.
- 3. Never scrub or rub spots.** The correct method to remove a spill is to scrape the spot towards the middle and then blot with a white towel or cloth. Scrubbing or rubbing the spot will fray the carpet fibers and permanently damage the area.
- 4. Do not overuse carpet detergents, shampoos or spotters.** Some people are addicted to their carpet spotters, but too much detergent in the carpet will result in a dirt attracting residue that will make your carpet appear dirty faster.
- 5. Clean your carpets professionally every six months.** Carpet manufacturers recommend cleaning your carpets professionally with van mounted steam cleaning. By cleaning every six months you will extend the life of your carpet and have a healthier, cleaner home.
- 6. Re-apply "Carpet Protector" every other cleaning.** Carpet protector "seals" the fibers of your carpets and makes them resistant to most household stains. It also makes your vacuuming more efficient. The effectiveness of carpet protector is reduced about 30-35 percent with each cleaning. But, by re-applying at least every other cleaning you will continue to protect your carpet from stains and everyday wear and tear, giving your carpet the longest life possible.

Know anyone that is taking a vacation in March? please let us know and we will give them a FREE room of carpet cleaning in your name!

(Up to 200 sq. ft. of carpet. New clients only.)

P.S. We will send you a \$10 Gift Certificate for your referral. So thanks in advance!!

Save money while you extend the life of your carpet!

Call Jensen's Carpet Care & Restoration
920-393-4062

or email: info@jensenscarpetcare.com
before March 31, 2021, and:

You get
\$20 OFF Carpet Cleaning*

*Not valid with other offers. Minimum Charge always applies.

Many thanks from



Thank you for the referrals!

Special thanks to all those who referred Jensen's...

Sue Beining, Mary Vandenhouten, Andy at Pro Steam, Kip William, Jenny Norton, Levi Foss, Macco's Floor Covering Center, Carpet City, Home Interiors Flooring and Design Center, IMS Barter, Facebook, Google Search and Reviews, Yelp and Angie's List, Toonen Properties, Kos Management, Brook Park Apartments, Alliance Management, Olejniczak Realty, Keller Williams Realty

Thanks for all the kind words!

Anita Hockers - "I'm in Chicago and have not seen it, but my husband said it looks great."

Nick Beauchamp - "Cleaning and stretching went well. Stretching really helped and we are really happy with it."

Jim Constine - "Very happy with Jensen's. Have not seen the finished results yet but my wife has and she said 'Wow, what an improvement'. The communication with the techs was great and I appreciate the quick response to get the job completed after I called."

Rita Wyckoff - "Techs were very nice and professional! I was very impressed with the job they did."

Renata Anderson - "Cleaning went really well. The guys were really nice and did a good job."

Eric Vandenheuvel - "You guys are the best. Guys did a great job yesterday."

Brooke Sulzemann - "It looks beautiful and smells great. I've already recommended you to several friends. Looks brand new."

Sue Langer - "Everything cleaned up great and the techs were very nice. Thank you so much for getting out here right away."

Jennifer Ostrenga - "Everything went great! The carpets came cleaner than I even expected and he was in and out very timely."

Karen Gordon - "Very satisfied with the work done."

Chuck Grigus - "Techs did a terrific job. Never used Jensen's before, but will certainly again and refer to friends."

Deb Pirkel - "Everything was perfect as usual. These guys are always spot on and I appreciate it."

Diane Roznowski - "My mom was so pleased with the results. The guys worked so efficiently and were so helpful. We will definitely be using Jensen's again."

Angie Bjerk - "The wool rug cleaning went really, really well. It looks great. The spots came out and it looks brand new."

Jayne Schroeder - "They did a good job. Vinyl looks great."

Valentine Schuler - "They did an awesome job. I'm so impressed that they were able to remove a large coffee stain like that. WOW! I am referring Jensen's to all my friends."

Dave Denis - "The carpet cleaning went really well and I'm very pleased with results. Will be referring Jensen's to all my neighbors."

Zoe Van Oss - "Unbelievable job. Super impressed."

Other positive comments from:

Holly Piontek, Alex Kraft, Shelly Lyons, Stacy Seedorf, Mary Hackl, Pete De Rossi, Fran Hanson, Jessica Johnson-Rickert, Mike McTavish, Jackie Hanus, Tony Louscher, Paula Walker, Julie Bartels, Mike Ignasiak, Tom Verboncouer, Wendy Miskovitz, Whitney Passint, Mary Teddy