

Jensen's Healthy Home News

"Secrets For Living A Healthy, Wealthy & Happy Life..."



Happy Thanksgiving to YOU...

It's November, and that means it's Thanksgiving time again. We want to take this opportunity to THANK YOU for the opportunity to serve your cleaning needs. We appreciate you very, very much!

There are so many interesting facts associated with Thanksgiving. Here are seven we thought you'd enjoy:

1. The first national Thanksgiving in the United States was proclaimed by the Continental Congress in 1777.
2. Initially, Presidents proclaimed national Thanksgiving – Presidents Washington, Adams, and Monroe did so.
3. After 1815, Presidents stopped proclaiming Thanksgivings, but by 1850, almost every territory and state celebrated them.
4. Sarah Josepha Hale, the editor of the popular women's magazine Godey's Lady's Book, began a campaign in 1827 to make Thanksgiving a national holiday. (She also wrote Mary Had A Little Lamb.)
5. In 1863, Hale was able to convince President Abraham Lincoln that a national Thanksgiving might unite the country after the Civil War. Lincoln declared two national Thanksgivings that year, August 6 celebrating the victory at Gettysburg, and the last Thursday in November.
6. Swanson had an abundance of turkey (260 tons) in 1953, and a salesman told them they should package it onto aluminum trays with sides similar to airline meals. The dinner had turkey, cornbread dressing, peas and carrots, mashed potatoes, and apple cranberry cake cobbler. This was the birth of the "TV dinner."
7. According to the Guinness Book of World Records, the heaviest turkey weighed 86 pounds!



see the

SPECIAL INSERT

inside...

**The Holidays
are coming!**



1720 Lime Kiln Road
Green Bay, WI 54311
info@jensenscarpetcare.com
920-393-4062



Joel Jensen

Hi Joel,

Q: Good Gravy! What do I do now? My husband dropped a little turkey gravy on our light colored carpet. Do you have a home remedy I can try to clean it?

A: To treat a gravy stain first try and remove as much of the gravy as possible by gently scraping it up with a dull knife or spatula, being careful not to push any deep into the carpet fibers. Next, cover the remaining gravy spot with an absorbent powder, such as cornstarch or baking soda. Let the powder absorb the moisture for a while, then use a vacuum hose to remove the powder. After this, mix a drop of mild dish detergent with warm water and blot the solution on the stain. Then sponge the area with a clean white towel and cool water to rinse. If the spot is still visible carefully blot again using the water and detergent mixture with ½ T. of white vinegar. Sponge the area with cool water. When the stain is gone, gently pat the carpet with a dry white towel to remove any excess moisture and let air dry.

Joel says:

Remember, spots and stains can be tricky, and certain cleaners and techniques can cause permanent damage. Call Jensen's anytime for a free quote if you'd like us to take a look.

Have a flooring question for Joel?

Email it to:

info@jensenscarpetcare.com

Featured Local Event:
NOVEMBER 2019



Lighting Ceremony on Broadway Fri., Nov. 22, 5-8 pm

The annual Lighting Ceremony on Broadway kicks off the holiday season with the illumination of the Broadway District's tree lights. The lights officially go on at 5:30 p.m. in front of Old Fort Square (211 N. Broadway) with a small ceremony. Live music and a special visit from Santa will be part of the activities. After the ceremony, get a head start on your holiday shopping as downtown businesses will be open until 8 p.m. with live window displays.

Location:

On Broadway District,
163 N. Broadway - Green Bay
Information: **920-437-2531**

Client of the month:
November 2019

Barb Mahcon
Olejniczak Realty

A sincere thank you to our faithful client for her on-going patronage and numerous referrals over the years. We appreciate your loyalty and continued advocacy of our services!

Healthy talk Diabetes Education Week

Pre-Diabetes is the state in which some but not all of the diagnostic criteria for diabetes are met, often described as the “gray area” between normal blood sugar and diabetic levels. If you are older than 45 and overweight, you are at increased risk for pre-diabetes.



There are steps you can take today to live a healthier life and prevent or delay diabetes.

- Find out if you are actually at risk. Talk to your doctor at your next visit to see if you fit the pre-diabetes risk group.
- Set realistic goals. Start by making small changes. For example, try to get 15 minutes of physical activity per day, and as the weeks pass, build up to the recommended 30 minutes of exercise per day.
- Make better diet choices. Try to eat five to nine servings of fruits, vegetables, beans and grains each day. Reduce the amount of fat in your diet. When available, choose grilled or baked foods instead of fried.
- Write it down! Record what you eat and drink each day. Keeping a food diary is one of the most effective ways to lose weight and keep it off. For still better results, review your notes with your health care provider.
- Consistency. Making changes can be tough when your first start. Try by adding one new healthy change a week. If you slack, get back on track. The key is just to keep at it.

Quote for November

*“Pain is inevitable, it eventually touches us all.
Suffering is optional.”*

-Dr. Sean Stephenson

November 8th is “Punster Day”

Punsters day is a day to make bad puns, and to encourage others to do the same. Instead of groaning at puns, which often happens, the day is to be spent laughing at them, like you would any other joke.

Puns, also known as paronomasia, are a type of wordplay that uses similar sounding or looking words, or figurative language, to create an oftentimes humorous effect. Puns have been around for thousands of years, being used in Sumerian cuneiform, and Egyptian and Mayan hieroglyphics. Today they are common in jokes and comedy shows and are often used in literature.

To celebrate Punster Day, here are some classic groaners - don't sprain your eyes rolling them!

- A three-legged dog walks into a saloon in the Old West. He slides up to the bar and announces: “I'm looking for the man who shot my paw.”
- A small boy swallowed some coins and was taken to the hospital. When his grandmother telephoned to ask how he was, the nurse said, “No change yet.”
- The butcher backed up into the meat grinder and got a little behind in his work.
- What's the definition of a will? It's a dead giveaway...
- Show me a piano falling down a mineshaft and I'll show you A-flat minor.
- I wondered why the baseball was getting bigger. Then it hit me.
- A scientist doing an experiment with liquid chemicals was trying to solve a problem when he fell in and became part of the solution.



Get exclusive specials when you “Like” us at
www.Facebook.com/JensensCarpetCare



Cool blogs, sites and online resources to check out this month!

“GeoGuessr”

This amazing website is game is beyond fascinating. It drops you somewhere in the world on Google Street View and you have to guess where you are. The closer you pinpoint your location on the map, the more points you get. You can even customize it so you can only be dropped in Europe or other regions. But for the real fun, you have to play the global version. Good luck when you try and differentiate a dirt track in Mexico with one in Australia.

www.GeoGuessr.com

November

Fun Facts!

Nov. 1, 1512: The ceiling of the Sistine Chapel, painted by Michelangelo, is shown for the first time.

Nov. 5, 1935: The board game Monopoly is first released.

Nov. 11, 1834: The Ugly Duckling was first published by Hans Christian Andersen.

Nov. 16, 2001: The first Harry Potter film, Harry Potter and the Philosopher's Stone, is released.

Nov. 21, 1877: The invention of the phonograph, a machine that can record sound, is announced by Thomas Edison.

Nov 30, 1940: Lucille Ball and Desi Arnaz are married.

Jensen's Healthy Home News

1720 Lime Kiln Road
Green Bay, WI 54311

**Your new November
issue has arrived...**

Inside:

- "Happy Thanksgiving!"
- November 8 is "Punster Day"
- Diabetes Education Week *in Healthy talk*

Need help now? Call us!

(920) 393-4062

info@jensenscarpetcare.com

Jensen's Healthy Home News



Jensen's MEGA TRIVIA Question

The first six people who call our office with the correct answer will win a \$15 gift certificate for

1951 West

Cocktails & American Cuisine

1951 Bond St., Green Bay

Take your best guess and call us
at 920-393-4062!

(Be courteous and allow six months between wins)

This month's Mega Trivia Question:

According to the Guinness Book of World Records, the heaviest turkey weighed:

A) 54.5 pounds B) 86 pounds

C) 197 pounds D) 1.66 tons

Hint: You'll find the answer in the newsletter.

Jensen's Healthy Home News

JENSEN'S
CARPET CARE & RESTORATION

"Secrets For Living A Healthy, Wealthy & Happy Life..."

SPECIAL INSERT

The holidays are coming...

Will you make it into our schedule before your parties, guests and family arrive? If you want your carpets to sparkle, look fantastic and fluffy for your guests you won't wait another day to call...

Hello friends and clients! We hope you have a lot to be thankful for and lots of people to share time with this season. Every year so many of our clients are scrambling at the last minute hoping (no, begging) for a slot in the schedule before their guests arrive.



We feel your pain

Here's the story: We know it's hard to believe but a long time ago...we weren't a carpet cleaners. We had the chore of hiring a carpet cleaner before our holiday guests arrived one year. Unfortunately being the procrastinating types...**we waited until a week before the big party to start calling around. Not only were we faced with the task of trying to wade through 30 pages (this was pre-internet era) of carpet cleaners in the yellow book, but we couldn't find anyone good who had a time slot available.**

But instead of admit defeat we hired "Cheap Carpet Cleaning" because they were the only ones available (maybe that should have tipped us off). They did a "cheap job" alright, leaving us with over-wet carpets that seemed to re-soil faster than ever. In fact, two months later our carpets were dirtier than they had been before we called them out.

Of course we never want you to have an experience like this, so we're giving you a "heads up" now.

But hurry because our November/December schedules fill up fast!

So if you want to enjoy soft, clean, spotless carpets that do NOT re-soil quickly; if you want the carpet cleaner (us) who offers you "The most thorough cleaning ever, or it's free!"; and if you want to avoid having to wade through pages of carpet cleaners (online or in the book) who are NOT all offering the same great service and quality cleaning you have grown accustomed to; then we have the solution for you.

Call us today. It's that simple. Don't procrastinate like we did so long ago. Just pick up the phone and call today 920-393-4062. We'll get you put right into the schedule. But hurry, because us books fill quickly and, try as we may, **we can't fit everyone in.**

Do you know anyone who is planning on having a party? That's a perfect time to get the carpets cleaned! Please have them call us and we will give them a free room of carpet cleaning in your name. (up to 200 sq. ft.)

P.S. We will send you a \$10 Gift Certificate for your referral. So thanks in advance!!

The "grab a spot in our schedule before it's too late" special...

Call Jensen's Carpet Care & Restoration
920-393-4062

or email: info@jensenscarpetcare.com
before November 30, 2019

and receive \$15 OFF* your cleaning!

PLUS you get 33% OFF Carpet Protection!**

Check us out online at: www.jensenscarpetcare.com/



[Facebook.com/JensensCarpetCare](https://www.facebook.com/JensensCarpetCare)

*Not valid with other offers. Minimum Charges always applies.

**Must be in combination with carpet cleaning.

Many thanks from



JENSEN'S
CARPET CARE & RESTORATION

Thank you for the referrals!

Special thanks to all those who referred Jensen's...

Steve Alleczo, Jilian Redbocke, Toni with Macco's Floor Covering Center, Green Bay Carpet Cleaning, Joan Mott, Tony Gillis with Marant Properties, Linda Hanson with LP Mooradian, Mary Jo Herman, Mike's Cycle Shop, Jason Benzschawel with Benzschawel Plumbing, Nextdoor App, Brad Hornick with Coldwell Banker Real Estate Group, Macco's Floor Covering Center, Carpet City, Home Interiors and Design Center, IMS Barter, Facebook, Google Search and Reviews, Yelp and Angie's List, Yellow Pages, Toonen Properties – Canterbury Creek, Highland Springs, Fountain Park and Cedar Lake; Kos Management, Brook Park Apts., Alliance Management

Thanks for all the kind words!

Julie Fameree said "They did a fantastic job. The two gentlemen that were here just did a very good job and the carpet turned out great."

Jean Hutte made a special call back to say "I'm very pleased. They did five rooms and they look wonderful! It smells awesome too!"

Dorothy Lindeman said "The cleaning went perfect! The technicians are always great. My friends and I will definitely recommend you guys. I even added my family room and master bedroom while they were here. Just wonderful. Thank You."

Dennis Bushman with Olejniczak Realty said "The seller of the home walked through after you cleaned the carpets and was just very pleased with the outcome. Especially being that the carpet was in rough shape. He was very happy with the results. Thank You."

Mary Fameree made a special call back to say "We are very pleased (with the carpet cleaning). I had a stain I thought would never come out but he got it out! I will be calling you again. Please do let the technician know I called to say how happy we were with his work."

Richard French with M&R Acquisition LLC said "The technician did very, very well. The tenant had hired another company and your technician was able to remove the spots and stains that he wasn't able to get out. Money well spent in my opinion. Thank you!"

John Wery said "I'll give you three words, excellent and exceeding expectations. The carpet really looks great! Thank you."

Deanna and Anthony Fruzyna said "Oh, the cleaning was wonderful. They were able to get all of the spots out. I mean, the carpet looks new! We will definitely call if we need further service."

Thank you for even more positive comments from...

Preston and Ashley Pieschek, Bob Lynett, Beverly and Tom Greunke, Eileen Marcure, Bob and Tammy Hawkins, Kay Olsen, Steve Laughlin, Carol Cormier, Sue (Jacob) Vogal, Michaeleen Curtin, Paul Klug, Stacy Bjorkman, Jim Cavil