

Jensen's Healthy Home News

“Secrets For Living A Healthy, Wealthy & Happy Life...”

About the coronavirus (COVID-19)

Regular cleaning of all high-touch surfaces is a best practice method recommended by the CDC (Centers for Disease Control & Prevention) for the prevention of COVID-19 and other viral respiratory illnesses in households and community settings. Providing a cleaner, safer and more healthy living space has always been one biggest benefits Jensen's Carpet Care & Restoration provides for our customers. For more information about household cleaning and COVID-19, please visit the CDC website:

<https://www.cdc.gov/coronavirus/2019-ncov/community/home/cleaning-disinfection.html>.



**1720 Lime Kiln Road
Green Bay, WI 54311**
info@jensenscarpetcare.com
920-393-4062



Joel Jensen

Hi Joel,

Q: After our Easter celebration we found a piece of hard candy stuck in the carpet. What do we do now?

A: *The sticky outer layer of hard candy can bond with the carpet fibers. Once the candy is carefully removed, the remaining stain can be treated with a few simple steps. First, moisten the candy with cold water (it may take a while). Don't use hot water—that could set the stain. Once it's dissolved enough to loosen, use a spoon if needed to gently work the candy off of the fibers. Next, add a drop of dish detergent to a cup of cool water. Using a white towel or cloth, carefully blot the area. Switch to a clean portion of the cloth frequently to avoid reapplying the stain. If the stain persists, dab the area with a cloth moistened with white vinegar. Once the stain is removed, blot the area with a clean cloth moistened with plain water to rinse. Blot with a dry cloth to remove any excess moisture. Allow the area to dry completely.*

Joel says:

Remember, spots and stains can be tricky, and certain cleaners and techniques can cause permanent damage. Call Jensen's anytime for a free quote if you'd like us to take a look.

Have a flooring question for Joel?

Email it to:

info@jensenscarpetcare.com



Easter is Sunday April 12

Easter is a festival of the Christian church commemorating the resurrection of Jesus Christ. It is not always held on the same date. In AD 325 the church council of Nicaea decided that it should be celebrated on the first Sunday after the first full moon on or after the vernal equinox of March 21. Easter can come as early as March 22 or as late as April 25.

Many Easter customs come from the Old World. The white lily, the symbol of the resurrection, is the special Easter flower. Rabbits and colored eggs have come from pagan antiquity as symbols of new life. Easter egg rolling, a custom of European origin, has become a tradition on the lawn of the White House in Washington, D.C. The name Easter comes from Eostre, an ancient Anglo-Saxon goddess, originally of the dawn. In pagan times an annual spring festival was held in her honor. Some Easter customs have come from this and other pre-Christian spring festivals. Others come from the Passover feast of the Jews, observed in memory of their deliverance from Egypt.

Passover begins April 8

Passover is a Jewish holiday which in 2020 arrives at nightfall on April 8. Passover commemorates the Exodus and freedom of the Israelites from ancient Egypt. As described in the Book of Exodus, Passover marks the birth of the Children of Israel who become the Jewish nation, as the Jews' ancestors were freed from slavery and allowed to become followers of God instead.

In Israel, Passover is a seven-day holiday, with the first and last days celebrated as a full festival. The intervening days are known as Chol HaMoed (“festival weekdays”).

Many Jews observe the Torah commandment of eating matzo on the first night of Passover at the Passover Seder, as well as the Torah prohibition against eating or owning Chametz, which includes any leavened products — such as bread, cake, cookies, beer, whisky or pasta — for the duration of the holiday.

see the

SPECIAL INSERT

inside...

**You can control
your allergies.
Start here...**

Featured Local Event:

April 2020



Earth Day Event

Sun., Apr. 26
11 a.m. - 3 p.m.

Many activities, like Critter Counter, Animal Release, Otter Odyssey, Cool Corvids, Fox Trots, Wolf viewing, Question and Answer, Bird of Prey Tour, and more!

Cost: Free

Location:

Bay Beach Wildlife Sanctuary

1660 East Shore Dr.,
Green Bay

Information:

920-391-3671

Client of the month:
April 2020

Don and Sheri Forgette

We really appreciate your five-star Google rating, your very positive review and feedback as well as your recent business!

Thank you so much to our outstanding new clients!

Healthy talk

Easy steps to better health

Recommended by health experts for years, some of these ideas are not new, but put together, they can make a big difference in your weight and fitness level.



Eat together at the table. People consume more when eating in front of the TV. And foods eaten “on the go” are generally higher in calories.

Play with kids for at least 20 minutes a day. Ride a bike, jump rope, play touch football or soccer. Visit www.caloriecontrol.org/exercalc.html to find calories burned in various sports.

Focus on favorite foods. Instead of trying to give up your favorites, eat smaller portions or switch to lower-fat versions. They can be just as good.

Eat soup. “Volume” foods like soup leave you feeling full on fewer calories.

Eat at home. Restaurant food has more fat, calories, and sodium.

Four practical hair tips

- On fine hair, conditioners should be used at a minimum to avoid adding weight. Avoid the root area and focus on the driest ends only.
- Brushes and combs should be cleaned with warm soapy (shampoo) water and rinsed thoroughly.
- Any hair perming should be done at least two weeks prior to your special event. This will allow your curls to settle and will give you some time to learn how to make the most of your new look.
- For oily hair, use a gentle shampoo but leave it on your hair for a longer period of time rather than using a harsh clarifying shampoo.

Quote for April

“The way I see it, if you want the rainbow, you gotta’ put up with the rain.”

-Dolly Parton



30 hilarious pranks for April Fools' Day

Roots of April Fools' day are not known to this day, though there are some variations from where it stems. For example, it might be the April 1st in 1698 when many Londoners were tricked into coming to see "the Lions washed." It also might be as early 1381, when Geoffrey Chaucer's The Canterbury Tales were published, in which a depiction of Chauntecleer tricked by a box took place on April the 1st. It doesn't really matter where this tradition comes from since it has gained worldwide popularity and gave us a chance to laugh with April Fools' pranks. If you are a fan of good April Fools' pranks, take a look at a compilation of 30 on the website below. We don't advocate destroying people's property or hurting them (physically or mentally), but everything else is fair game! Happy pranking!

www.boredpanda.com/funny-april-fools-pranks

Simple steps can prevent decorating chaos

Interior decorators give these tips for keeping a balanced look in your home.

Pictures and art: Framed art should always be at eye level where it can connect with people. In a grouping or collection, the largest picture must be at eye level. The others can be grouped around it. In the living room, art should be only about six inches above the sofa.

Furniture: Instead of backing furniture up to the walls, create nooks within the room that reflect how the space should be used. Find a focal point and build around it. Even angling pieces is better than having large open space in the middle of the room.

Decorating plan: Because home decorating happens in steps, create a master plan to prevent individual projects from becoming a hodgepodge of style.

Matching and overmatching: Avoid room groups where upholstery, paint, drapes, and pillows are too similar. Things can go together well without being the same.

Organizing and clutter: Decorating and real-estate experts agree that everything should have a place. If you have lots of stuff, devise special shelving or curio cabinets for it, or allow a full room for a collection.



Amazing Websites to Visit This Month:

"How to Pet a Kitty"

This is a fun (and funny) website with instruction on properly petting a cat. This page is part of "The Oatmeal." Other sections on "The Oatmeal" include "how to walk a human" and "Having a baby vs. having a cat" and "Should you buy a selfie stick?"

TheOatmeal.com/comics/kitty_pet

"Honest Slogans"

Here is another fun website to visit this month. The site has photos of funny and more "honest" versions of popular slogans. For example, go see what the slogan this site adapts for Pepsi Cola.

www.HonestSlogans.com

April



28 Years Ago (4/11/92): Euro-Disney opens near Paris France

38 Years Ago (4/17/82): Queen Elizabeth proclaims Canada's new constitution

53 Years Ago (4/29/67): Aretha Franklin releases "Respect"

73 Years Ago (4/10/47) Jackie Robinson became the 1st black player in modern major league baseball (Dodgers)

88 Years Ago (4/2/32): Charles Lindbergh turns over \$50,000 as ransom for kidnapped son

103 Years Ago (4/2/17): President Woodrow Wilson asks Congress to declare war against Germany

108 Years Ago (4/14/12): RMS Titanic strikes an iceberg on her maiden voyage, killing 1,500



Get exclusive specials when you "Like" us at www.Facebook.com/JensensCarpetCare

Jensen's Healthy Home News

1720 Lime Kiln Road
Green Bay, WI 54311

*Your new April
issue has arrived...*

Inside:

- Easter and Passover
- 30 hilarious pranks for April Fool's Day
- Easy steps for better health *in Healthy talk*

Need help now? Call us!

(920) 393-4062

info@jensenscarpetcare.com

Jensen's Healthy Home News



Jensen's MEGA TRIVIA Question

The first six people who call our office with the correct answer will win a \$15 gift certificate for

Hilly Haven Golf Course & Restaurant

5911 Country Road PP, De Pere

Take your best guess and call us

at 920-393-4062!

(Be courteous and allow six months between wins)

This month's Mega Trivia Question:
Many Jews observe the Torah commandment of eating
what food on the first night of Passover?

A) Matzo B) Bitter herbs

C) Leavened bread D) Fruit

Hint: You'll find the answer in the newsletter.

Maybe you can't cure your allergies but you can control them. Start here...

Hello friend. If you suffer from seasonal allergies then you know the feeling of wanting relief when there is little hope in sight. Many people have gotten relief by taking steps to control their indoor environment.

According to The Asthma and Allergy Foundation of America website one in four Americans suffer from allergies or asthma. That's tens of millions of Americans suffering this spring! Plus, we spend 90 percent of our time indoors, and since our indoor air can be up to 100 times more polluted than outdoor air it stands to reason...

Relief starts at home

Here is a quote from www.allergyrelief101.com: "Many people think that carpets and allergies are a bad combination. Even some allergists will encourage their patients to remove carpeting in favor of hardwood or tile floors. However, carpets can actually help to reduce the allergens in your home by trapping them, as long as they are properly cleaned on a regular schedule."

Did you know...

Your carpet traps indoor allergens like dust mites, mold, mildew, fungus, pollens, pet dander and other pollutants and allergens. When that trap gets full, a professional steam cleaning will remove those allergens from your carpet and your home and you will have relief from allergy symptoms related to those substances.

We've heard it time and again from clients – carpet cleaning does relieve some allergy symptoms. So until there is a "cure" there is prevention. Prevent your indoor air from becoming polluted – clean your carpets today.



If you know anyone that has seasonal allergies please let us know and we will give them a FREE room of carpet cleaning in your name!

P.S. We will send you a \$10 Gift Certificate for your referral. So THANKS in advance!!

Allergy Relief Special

Call Jensen's Carpet Care & Restoration
920-393-4062

or email: info@jensenscarpetcare.com
before April 30, 2020

10% off carpet cleaning*

10% off upholstery cleaning*

10% off area rug cleaning*



Check us out online at:
www.jensenscarpetcare.com/
[Facebook.com/JensensCarpetCare](https://www.facebook.com/JensensCarpetCare)

*Some restrictions may apply. Minimum charge always applies.
Not valid with other offers.

Many thanks from



Thank you for the referrals!

Special thanks to all those who referred Jensen's...

Steve with Carpet City, New Perspective Senior Living, Lori Froelich, Eric with Alliance Mng.-Crystal Lake, Dennis Bushman with Olejniczak Realty, Lynn Keller with Hillcrest Apts., Eric Halverson, Marie Santiago with Cleaning Together Inc., Rhonda Schmidt with Brown County Payee Services, Don with McCauslin Brook Golf Course in Lakewood, WI, Alexander and Nicole Johnson, Barb Reamer, Lisa Urick, Valerie Noel, Mike Macco, Abby Hatch, Brodhagen Dental Care, Macco's Floor Covering Center, Carpet City, Home Interiors and Design Center, IMS Barter, Facebook, Google Search and Reviews, Yelp and Angie's List, Yellow Pages, Toonen Properties - Canterbury Creek, Highland Springs, Fountain Park and Cedar Lake, Kos Management, Brook Park Apts., Alliance Management

Thanks for all the kind words!

Enrique Hill with the Residence Inn emailed and said "Thank you so much and thank your team for resolving this matter (water situation) for the hotel on a prompt time frame."

Dorothy Schumacher said "The cleaning went good. Overall, everything looks great and the guy was pleasant and did a wonderful job. I always enjoy your work."

Don Forgette gave Jensen's a five-star Google rating and his review said "Very nice job cleaning my carpet. On time and my carpet looks great!"

Audrey Cretton gave Jensen's a Five-star rating and posted a very positive review on Yelp "We purchased our home last spring. The previous homeowners had two dogs and clearly never vacuumed let alone had the carpets professionally cleaned! I was referred to Jensen's by a friend. Dave was our technician. He thoroughly checked each carpeted surface and some areas of hardwood we were concerned about for urine. He did an excellent job, thoroughly cleaned all the hair and dander and eased our concerns about any potential urine issues. Everyone we encountered at Jensen's was so friendly and professional!"

Mike Dilley said "I was just looking for your number. Everything looks absolutely super! They did an outstanding job on the carpets and the LVT Tile. The grout looks spectacular! We are very pleased. They were very efficient. I'm keeping your business card on hand for next time. My positive comments to them were very well deserved!"

Lenora Rhyner said "Everything went very, very well. We drove by your (Jensen's Carpet Care & Restoration) business today and said to each other such a good company! The carpet looks wonderful. We are very, very pleased. How nice of you to call and follow-up too. We will use you again and please do (tell the technicians we are happy, too)!"

Thank you for even more positive comments and ratings from...

Susan and Donald Jauquet, Anne Miller, Annette Bulick, Brandon Ackley, Jean Glysich, Dawn Laurent, Helen Siegworth, Rosie Pavek, Kyle Bearson, Paul with KB Properties/PK Rentals, John Garot, Mary Jo Bennett