

# Jensen's Healthy Home News

"Secrets For Living A Healthy, Wealthy & Happy Life..."

## Valentine's Day around the globe

Valentine's Day is a beloved day around the world, including through regional traditions in the UK. In Norfolk, a character called 'Jack' Valentine knocks on the rear door of houses leaving sweets and presents for children. Although leaving treats, many children were afraid of this mystical person.



In **Wales** many people celebrate Dydd Santes Dwynwen (St. Dwynwen's Day) on January 25 instead of or as well as St. Valentine's Day. The day commemorates St. Dwynwen, the patron saint of Welsh lovers.

In **France**, a traditionally Catholic country, Valentine's Day is known simply as "Saint Valentin," and is celebrated in much the same way as other western countries.

In **Sweden** it is called Alla hjärtans dag ("All Hearts' Day") and was launched in the 1960s by the flower industry's commercial interests, and due to influence of American culture. It is not an official holiday, but its celebration is recognized and sales of flowers for this holiday are only exceeded by those for Mother's Day.

In **Brazil**, the Dia dos Namorados ("Day of the enamored") is celebrated on June 12, when couples exchange gifts, chocolates, cards and flower bouquets. It is the day before the Saint Anthony's day, known there as the marriage saint, when many single women perform popular rituals, called simpatias, in order to find a good husband or a boyfriend.

In **Colombia**, the Día del amor y la amistad ("Love and Friendship Day") is celebrated on the third Friday and Saturday in September. In this country the Amigo Secreto ("Secret Friend") tradition is quite popular, which consists of randomly assigning to each participant a recipient who is to be given an anonymous gift (similar to the Christmas tradition of Secret Santa).



see the

**SPECIAL INSERT**

inside...

*Fall in love  
all over again...  
with your carpet*

**JENSEN'S**  
CARPET CARE & RESTORATION  
1720 Lime Kiln Road  
Green Bay, WI 54311  
info@jensenscarpetcare.com  
**920-393-4062**

Flooring  
Q & A  
with  
Joel J.



Joel Jensen

Hi Joel!

**Q:** I dropped a piece of Valentines chocolate on my white carpet and then proceeded to step on it and track it across the room. What do I do now?

**A:** Start by carefully removing any excess chocolate. Use a paper towel to blot, or scrape it gently with a dull knife. Avoid smearing or grinding in the chocolate. If the chocolate is soft, chill it with an ice cube or frozen package to make it easier to chip out with the knife. Next, mix 1/8 teaspoon dish soap and 1 cup lukewarm water. Dip a clean white cloth in to the solution and blot a test area on your carpet in an inconspicuous spot. If there are no concerns, blot the stain. Press the cloth into the spot for several seconds. Wait 15 minutes to allow the detergent to work. Then use another dry clean white cloth to blot the spot and remove any excess liquid. Repeat as necessary. Follow up with a solution of ¼ cup white vinegar and 2 cups water. Dip a white cloth into this solution and once again blot where the stain was. Wait a few minutes, then blot with only lukewarm water to rinse. Allow area to dry. This will remove any residual detergent so the area does not attract dirt.

### Joel says:

Remember, spots and stains can be tricky, and certain cleaners and techniques can cause permanent damage. Call Jensen's anytime for a free quote if you'd like us to take a look. Have a flooring question for Joel?

Email it to:

info@jensenscarpetcare.com

Featured Local Event: FEBRUARY 2019



## Einstein Expo

Kids can hold snakes, see themselves in front of a television green screen, make paper, build robots, explore an ambulance and experiment with electric circuits at exhibitor's booths. They'll also explore various intriguing areas of STEM education (Science, Technology, Engineering, and Math). Einstein Expo presented by Wisconsin Public Service Foundation is a day of fun for the whole family!

**Date/Time:**

Sat. Feb. 2, 9 a.m. - 4 p.m.

**Location:**

Shopko Hall  
1901 S. Oneida St., Green Bay

**Cost:** Tickets available at the door for \$4; children under 2 FREE

**Info:**

[www.einsteinproject.org/einstein-expo-green-bay/](http://www.einsteinproject.org/einstein-expo-green-bay/)

**CONTACT:** 920-884-8800

## Client of the month: February 2019

### Diane Gulbrand

*Many thanks to our super kind, long-standing client who went out of her way to give Jensen's a 5-Star rating and glowing review on Facebook.*

*We appreciate your extremely positive feedback! It is great to know you are very happy with our services and will share your views with friends and family.*

## Healthy talk

Valentine's Day may actually be one of the easiest holidays to create fun but healthy holiday food. For example, imagine how you can just cut something up into a heart shape, or make it pink or red, and you're good to go. Kids are all about fun so try this healthier Valentine's Day food idea and see if your kids even notice that they are missing out on the junk food.



**Healthy banana split.** A healthy twist on a favorite kids' dessert: substitute Greek yogurt (use plain, or try vanilla to make it sweeter), heart-shaped strawberries and dark chocolate shavings for ice cream, chocolate sauce and a maraschino cherry. To make the shavings, use a chocolate bar and a carrot peeler. This would make a perfect item for a breakfast party or at any time of day. You can do a make-your-own version: Slice the bananas for the kids, and then provide the toppings in bowls. For extra toppings, try slivered almonds, granola or natural pink sprinkles.

## Quote for February

*"You know you're in love when you don't want to fall asleep because reality is finally better than your dreams." – Dr. Seuss*



Get exclusive specials when you "Like" us at  
[www.Facebook.com/JensensCarpetCare](http://www.Facebook.com/JensensCarpetCare)

## Fun valentine stories

### “Nuts about love”

“Driving through Southern California, I stopped at a roadside stand that sold fruit, vegetables and crafts. As I went to pay, I noticed the young woman behind the counter was painting a sign. ‘Why the new sign?’ I asked. ‘My boyfriend didn’t approve of the old one,’ she said. When I glanced at what hung above the counter, I understood. It declared: ‘Local Honey Dates Nuts.’”

— Contributed by Theodore Bologna

### “Making the grade”

“My high-school English teacher was well known for being a fair, but hard, grader. One day I received a B-minus on a theme paper. In hopes of bettering my grade and in the spirit of the valentine season, I sent her an extravagant heart-shaped box of chocolates with the pre-printed inscription: ‘BE MINE.’ The following day, I received in return a valentine from the teacher. It read: ‘Thank you, but it’s still BE MINE-US.’”

— Contributed by Brad Wilcox

### “More than a greeting card”

“My friend Mark and I work in a lawnmower-parts warehouse. Somehow Mark got the idea that his wife did not want a card on Valentine’s Day, but when he spoke to her on the phone he discovered she was expecting one. Not having time to buy a card on his way home, Mark was in a quandary. Then he looked at the lawnmower trade magazines scattered around the office – and got an idea. Using scissors and glue, he created a card with pictures of mowers, next to which he wrote: ‘I lawn for you mower and mower each day.’ Mark’s wife loved it. The card immediately graced their refrigerator door.”

— Contributed by Gene Hyde

All you need is love.  
But a little chocolate now and then  
doesn't hurt.

Charles M. Schultz



Cool Blogs,  
Sites & Online  
Resources to  
Check Out  
This Month!

## Awkward Family Photos

*If you're like most, you've seen some pretty awkward family photos over the years. Perhaps you've appeared in a few yourself?*

*But did you know there's a popular website completely dedicated to sharing photos that go beyond the awkwardness that you may have seen before?*

*AwkwardFamilyPhotos.com is fueled by awkward family photos submitted by real users. It's funny that so many people have shared such awkward pictures.*

*Go ahead and visit, be prepared to laugh and enjoy, and who knows – you may want to share some photos from your own family photo album.*

[www.AwkwardFamilyPhotos.com](http://www.AwkwardFamilyPhotos.com)

## February

## Fun Facts!

- February is the shortest month of the year.
- The Welsh call February “y mis bach” which means “little month”.
- It is the third month of winter.
- In the Southern Hemisphere February is a summer month the equivalent of August.
- The month is named for the Latin word februum, which means purification.
- Together with January, it was the last of the months added to the Roman calendar.
- The largest American sporting event of the year, the Super Bowl, is held in February.
- The Saxon term for the month, Sol-mon-ath, means “cake month”. This is because they offered cakes to the gods during this month.

# Jensen's Healthy Home News

1720 Lime Kiln Road  
Green Bay, WI 54311

*Your new February  
issue has arrived...*

## Inside:

- Valentines Day around the globe
- Fun valentine stories
- Healthy banana split? *in Healthy talk*

Need help now? Call us!

**(920) 393-4062**

info@jensenscarpetcare.com

# Jensen's Healthy Home News



## Jensen's MEGA TRIVIA Question

The first six people who call our office with the correct answer will win a \$15 gift certificate for

**1951 West**

**Cocktails & American Cuisine**

**1951 Bond St., Green Bay**

**Take your best guess and call us  
at 920-393-4062!**

*(Be courteous and allow six months between wins)*

**This month's Mega Trivia Question:**

Charles Schultz, the creator of PEANUTS suggests something goes real well with love. What is it?

A) A hug B) Chocolate

C) An expensive gift D) Flowers

**Hint: You'll find the answer in the newsletter.**

# Jensen's Healthy Home News



"Secrets For Living A Healthy, Wealthy & Happy Life..."

**SPECIAL INSERT**

Fall in love all over again...  
with your carpet...

**Six reasons why if you call us today -  
you'll love your carpet tomorrow!**



Love is in the air this month so we've arranged for you to fall in love with your carpet again. Too many people neglect their poor carpet this time of year, thinking they need to wait for sunny spring days before they give us a call. So we're here to change all that. Here are six reasons to love your carpet by calling us today...

**Reason #1: You get prime choice in our little black book** (schedule book that is!)

February is usually a really slow month for us so that means you don't have to wait for an appointment. We can usually accommodate you and your carpets within a day or two this time of year. So call today and clean tomorrow.

**Reason #2: You save lots of money!**

Because this is our "off season" so-to-speak, **you'll get our biggest savings and discounts.** So now you have more money to spend on life's necessities like roses and chocolates. (See our special offer below!)

**Reason #3: Love your carpet and it will love you back with healthier indoor air.**

We'll bet you're spending more time indoors this time of year. That means you probably want your indoor air to be healthy and clean. Cleaning your carpet cleans your indoor air. Just imagine, with every step you take right now you are releasing thousands of pollutants and allergens into your home's air. **Call us today and you will breathe easier tomorrow.**

**Reason #4: You'll be toasty warm inside!**

A lot of people don't like to clean in the winter because they think we're going to leave their door open and let in all the cold air. But it isn't so! **We have special door covers to keep you warm inside and the cold outside.** Plus, with our unique drying process your carpets will dry almost as fast as they do on those hot summer days!

**Reason #5: You'll get our no heartache, no spot and spill three month guarantee.**

That means that if you clean in February **we'll clean up any spots or spills you might have for free through the month of May.**

**Reason #6: Fall in love with your carpet again.**

Love is in the air so don't neglect your carpet. If you're putting off a much needed cleaning until spring...irreparable damage and wear could result. **If it's been at least six months since your last cleaning, soils and dirt trapped deep inside your carpet are breaking down and wearing your carpet's fibers.** Call us today and after we clean you will fall in love with your carpet like you did when it was brand new. Plus, you'll be protecting your investment so check out this great offer below...

February's "fall in love again...with your carpet" special

## SPECIAL OFFER

15% OFF carpet cleaning & 33% OFF carpet protection\*

**Offer Expires Feb. 28, 2019**

Contact us today!

**Jensen's Carpet Care & Restoration**

**920-393-4062**

or e-mail [info@jensenscarpetcare.com](mailto:info@jensenscarpetcare.com)

Check us out on the web at

**[www.jensenscarpetcare.com](http://www.jensenscarpetcare.com)**

Like us on Facebook at

[www.Facebook.com/Jensens-capet-care-and-restoration](http://www.Facebook.com/Jensens-capet-care-and-restoration)

\*Not valid with other offers. Minimum charge applies. \*Must be in combination with carpet cleaning.

*Many thanks from*



Thank you for the referrals!

***Special thanks to all those who referred Jensen's...***

Macco's Floor Covering Center, Carpet City, Home Interiors & Design Center, IMS Barter, Facebook, Yelp and Angie's List, Yellow Pages, Toonen Properties – Canterbury Creek, Highland Springs, Fountain Park and Cedar Lake; Kos Management, Brook Park Apts., Alliance Management, Laura Valiquette, Debbie Tilot, Julie Holtz, Ryan VanStraten, Debbie Sansa, Chantal Hammer, Steve at Carpet City Flooring Center, Sue Peot, Deb Pirkel, Paul Snover, Kelly Nelson, Deborah Austin

***Thanks for all the kind words!***

**Kelly Jahner** let us know "It (the carpet cleaning) went great! Our carpets look awesome. The men were very friendly and professional. We enjoy the work done. Thank you."

**Jim Hart** exclaimed that his carpet cleaning appointment was "Beautiful. Got the rust spots out that I thought were there forever. Everything looks great!"

**Mary Dickinson** said "Oh! It went really well. (The technician) did a great job. The sunroom was my biggest concern and he got all of the spots out! I even passed your name along to a friend after she stopped here and we talked about the wonderful carpet cleaning I had. It just looks so good. Thank you and please tell (the technician) thank you!"

**Mary Kay Creighbaum w/ Peters Family Partnership** sent a holiday card that read "Thanks for always doing such a wonderful job for us. You're a class act company and we really appreciate you all."

**Diane Gulbrand** posted a very favorable message on Jensen's Facebook. She wrote, "We have used them (Jensen's Carpet Care & Restoration) numerous times over the years for both restoration after water damage and animal issues. They are always professional, quick to respond and do great work. Truly a 5 star company!"

**Karen Gordon** made a special call back to say "The Tile/grout and carpets look very good. They did a great job and it was very reasonable."

**Cindy Weber** called us to inquire about a spot cleaning product and she let us know how happy she was with Jensen's response to her father's water situation at his condo. She said "He had a water leak from an ice maker and you came out right away. I was very happy with your services! You were so good about everything. You were right on the spot – it is really good for an older person, so they don't have to be put out of their home in situations like this."

**Don & Mary Kropp** said "They did an excellent job. It (the carpet cleaning) really was perfect."

***Thank you for even more positive comments from...***

Nicole Skaletski, Steve Zimonick, Cal Ferron, Paul Jacques, Dan Bain w/ KB Properties, Lisa Messerschmidt, Al Huss w/ Al Huss Auto & Truck Repair, Faye LeTourneau, Rachelle Bissing, Dolly Jonas, Sally Nelson, Geri Collette, Gene and Carol Oby, Ileen and Norm Ryskoski, Shelly Lemense, Ken Haugen, Barb Schumacher, Kelley O'Connor, Christine Schroeder, John Crain, Dennis Nyren, Stacy Koch, Al Teixeira, Marlene Rucinski, Dale Kuehn, Sandy Steffens