

Jensen's Healthy Home News

“Secrets For Living A Healthy, Wealthy & Happy Life...”

Classic April Fools' Day joke: “Planetary alignment decreases gravity”

April 1, 1976: During an early-morning interview on BBC Radio 2, the British astronomer Patrick Moore announced that at 9:47 a.m. that day a once-in-a-lifetime astronomical event was going to occur.

Pluto would pass behind Jupiter, and this planetary alignment would temporarily counteract and lessen the Earth's own gravity.

Moore told his listeners that if they jumped in the air at the exact moment the alignment occurred, they would experience a strange floating sensation. When 9:47 a.m. arrived, the station began receiving hundreds of phone calls from listeners claiming to have felt the sensation. One woman reported that she and her friends had risen from their chairs and floated around the room.

Moore had intended his announcement to be a spoof of a pseudoscientific theory that had recently been promoted in a book called “The Jupiter Effect,” alleging that a rare alignment of the planets was going to cause massive earthquakes and the destruction of Los Angeles in 1982.



see the

SPECIAL INSERT

inside...

**Discover how
you can save
money**



**1720 Lime Kiln Road
Green Bay, WI 54311**

info@jensenscarpetcare.com

920-393-4062



Joel Jensen

Hi Joel!

Q: While coloring eggs for Easter, my daughter accidentally dropped a raw one on the carpet and it broke. Egg everywhere! What should I do?

A: It's best to act quickly to remove egg from the carpeting. If allowed to dry, eggs can cause a semi-permanent stain. Using a soft spatula or pancake flipper gently work off as much of the egg as possible. Then mix a solution of 2 cups warm water, a drop of dish detergent, and 2 tablespoons of white vinegar and apply about half of the solution to the stained area. Using a paper towel or a clean dry white rag, blot up the water solution until the area is just damp. Repeat as needed with the remaining vinegar solution. This should remove the majority of the egg residue, and prevent a permanent hardened stain in your carpet. It would be wise to have Jensen's perform a full professional carpet extraction as soon as possible to ensure all the residue and solution has been removed. But use the vinegar mixture before you call or it may be too late to remove the egg stain!

Joel says:

Remember, spots and stains can be tricky, and certain cleaners and techniques can cause permanent damage. Call Jensen's anytime for a free quote if you'd like us to take a look. Have a flooring question for Joel?

Email it to:

info@jensenscarpetcare.com

Featured Local Event

Saturday April 20th



Easter fun for the family at the NEW Zoo in Green Bay!

Date/Time:

Sat., April 20 / 9 a.m. to 2 p.m.

Location:

NEW Zoo & Adventure Park
4378 Reforestation Rd.,
Green Bay

CONTACT: 920-434-7841

Client of the month:
April 2019

Gisela Moyer

Thank you to our awesome new client who has been such a pleasure to work with! We appreciate all your kind comments, that you recommended us to your realtor and we love your cheerful disposition.

Healthy talk

Easter is chocolate time!

Eat dark chocolate, but not too much

In the Aztec culture, creation of the cocoa plant on earth was attributed to Quetzalcoatl, who they believed descended from heaven carrying a cocoa tree from paradise. Cocoa was combined with spices to make a frothy drink (they didn't have sugar).

Today, chocolate's allure lies in its sweet or bittersweet taste, but chemical reactions are at work. Chocolate stimulates the secretion of endorphins, which produce a pleasurable sensation, and serotonin, which acts as an anti-depressant.

Chocolate does more than please the taste buds and make people feel good. It's packed with polyphenol antioxidants that reduce the risk of heart disease. Antioxidants in raw cocoa can dilate blood vessels, a healthful effect, and raise HDL (good) cholesterol levels.

Researchers in Italy have found that eating dark chocolate can help to control diabetes by increasing the body's ability to metabolize sugar. Chocolate is also high in potassium, magnesium, and vitamins B1, B2, D, and E – but it's very high in fat and calories.



Jelly Bean fun Facts:

- National Jelly Bean Day is April 22.
- U.S. manufacturers produce in excess of 16 billion (with a B) jelly beans for Easter each year.
- Jelly beans became a regular penny candy in the 1900s and were the first confection to be sold by weight rather than price.
- Jelly beans were the well publicized favorite of President Ronald Reagan. For his first inauguration, Jelly Belly created a new flavor, Blueberry, and in total about 7,000 pounds of jelly beans were distributed for the event.

Quote for April

“Oh, how fresh the wind is blowing! See! The sky is bright and clear, Oh, how green the grass is growing! April! April! Are you here?”

– Dora R. Goodale (1866-1952)



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Easter Facts



What day is Easter Sunday this year? It's April 21. Here are some interesting Easter facts for you:

Easter in the western Christian church can occur as early as March 22 and as late as April 25.

It is observed on the Sunday after the Paschal Full Moon (a fixed spring date set by the church).

This Christian holy day celebrates the resurrection of Christ after his Crucifixion and was probably the earliest of the church's annual festivals.

Folk customs attached to the festival date from pre-Christian times: Eggs, traditionally forbidden during Lent, symbolize new life. The Easter Bunny recalls the hare, the Egyptian symbol of fertility.

Easter may have derived its name from the Saxon goddess Eostre, whose feast was celebrated each spring at about this time. Or it may have derived from the word oster, meaning "rising."

April is "Humor Month"

Begun in 1976 by humorist Larry Wilde, this observance serves to heighten public awareness of humor's health benefits.

Laughter has been shown to reduce stress and pain, relax muscles, boost morale, strengthen the immune system, increase blood flow and enrich the quality of life overall.

To get the month off to a healthy start, can you answer this riddle?

Q: Which is heavier, a half moon or a full moon?

A: The half moon because the full moon is twice as light.



Cool Blogs, Sites & Online Resources to Check Out This Month!

"The Secret Door"

It won't open into a dark nook at Hogwarts, but it can take you to equally unexpected places around the world. The idea is simple — opens the secret door and let Google's Street View transport you to an interesting place on the globe.

*Think of it as a portal for virtual globetrotting. And if you don't like it, just click the **Take Me Somewhere Else** button. It definitely ranks as one of the more fun ways to use Google Maps and Street View.*

(Description from makeuseof.com)

Have fun with this website.

www.safestyle-windows.co.uk/the-secret-door/

April

Fun Facts!

- The Latin word aperio, meaning "to open or bud," gives us the name April. Spring festivals celebrate the season's renewal of life.
- In the Southern Hemisphere, April is the same as October in the Northern Hemisphere.
- The diamond of April symbolizes innocence.
- The Japanese fiscal year for most businesses starts on April 1st.
- In England there are many cuckoo festivals. The arrival of the cuckoo bird in April is a signal that spring has arrived.
- April is the month when the professional baseball begins in the United States.

Jensen's Healthy Home News

1720 Lime Kiln Road
Green Bay, WI 54311

*Your new April
issue has arrived...*

Inside:

- An all-time classic April Fool's joke
- Easter Facts
- Eat Dark Chocolate for Easter *in Healthy talk*

Need help now? Call us!

(920) 393-4062

info@jensenscarpetcare.com

Jensen's Healthy Home News



Jensen's MEGA TRIVIA Question

The first six people who call our office with the correct answer will win a \$15 gift certificate for

Pizza Ranch

2206 Main St.

Take your best guess and call us
at 920-393-4062!

(Be courteous and allow six months between wins)

This month's Mega Trivia Question:

In the Aztec culture, the creation of the cocoa plant is attributed to?

- A) Ancient Aliens B) Milton S. Hershey
C) Soil D) Quetzalcoatl

Hint: You'll find the answer in the newsletter.

Jensen's Healthy Home News

JENSEN'S
CARPET CARE & RESTORATION

"Secrets For Living A Healthy, Wealthy & Happy Life..."

SPECIAL INSERT

It's not rocket science... it's carpet cleaning!

Discover how you can save money with this simple formula...

Hello friends and clients. It's Jensen's Carpet Care and Restoration, your favorite carpet cleaner here. Have you noticed people seem to get busier and busier from now until the fall? Yes, we kinda noticed too. This "busy season" seems to kick off now and goes through the summer.

Now maybe you are preparing to go off on vacation this summer. Or, maybe you are sending off young ones to college for the first time later this year. Or, maybe you don't have any kids right now and you're just breathing easy and enjoying the change of seasons. **Whatever your circumstances are right now we bet you want to save money. So we have something for you...**

A Simple Formula....

Our simple formula starts with this: clean your carpets and clean them correctly and often. (Especially if you plan on keeping your carpets for a while.) Before the "new economy" people were skimping on proper maintenance and changing out their carpets every couple years.

These days my clients want to keep their carpets longer. This means professional cleanings at least one time per year. (Sometimes more depending on the amount of people, pets and foot traffic in the home.) Just call us at 920-393-4062 or email us info@jensenscarpetcare.com and we will be happy to discuss your situation. Together we can figure out the best, most affordable cleaning schedule to extend the life of your carpet. **That way you can continue to save for your kids' college or a trip to Tahiti instead of for new carpet.**

And please remember one more simple carpet cleaning lesson: **traffic lanes and soiling can become permanent.** Without getting too technical or "boring," (after all it's not rocket science) dry soils can "scratch" the carpet fibers and make them appear dingy forever. Much like you can scratch glass with sand and it appears cloudy. Also, the soils can break down and fray the individual fibers. Of course, we will come work our carpet cleaning "magic" on the areas and do our best to brighten them. **But your carpet stands a much better chance of lasting if you remember to clean before your carpet looks dirty.** Then you know those carpet fibers are staying supple and clean and not being broken down into darkened (sometimes irreversible) traffic lanes. **Now those lessons will save you big money in the long run, but how about saving some money right now?**

920-393-4062 or by e-mail info@jensenscarpetcare.com

SPECIAL OFFER

Get your whole house carpet cleaned save 15% OFF*

Get your main living spaces carpet cleaned save 10% OFF*

Offer Expires April 30, 2019

Contact us today!

Jensen's Carpet Care & Restoration

920-393-4062

or e-mail info@jensenscarpetcare.com

Check us out on the web at

www.jensenscarpetcare.com

Like us on Facebook at

www.Facebook.com/Jensens-capet-care-and-restoration

*Not valid with other offers. Minimum charge applies.



Many thanks from



Thank you for the referrals!

Special thanks to all those who referred Jensen's...

Macco's Floor Covering Center, Carpet City, Home Interiors & Design Center, IMS Barter, Facebook, Yelp and Angie's List, Yellow Pages, Toonen Properties – Canterbury Creek, Highland Springs, Fountain Park and Cedar Lake; Kos Management, Brook Park Apts., Alliance Management, Amy Fullerton, Shawn and JoAnn Hennigan, Elaine Gerhold, Betsy Macco, Barb Willems, Zoe Van Oss with Olejniczak Realty, Barb Mahcon with Olejniczak Realty, Rita at Wiechmann Ent.-River Park Terr. Apts., Marilyn Ambrosius, Maggie Lovat, Liz Brandt, Sheri Vanbeek

Thanks for all the kind words!

Andy Kangas said "My wife called and told me that it (the carpeting) looks really good! We're very happy with the outcome. We'll definitely call back when we need more carpet cleaned!"

Connie Brusky said "It (the carpet stain) came out wonderfully! The two technicians were very nice gentlemen; they were great. Now I can spill coffee and not worry about it!"

Harley Quarnstrom (with Fluid Systems Components Inc.) said "(The carpet cleaning) went well. Your guys did a really good job. I was up there this morning and was able to look at it. Thank You."

Matt Moore said "Sounds like everything went well. My wife said your guys were great and just created another great experience with you. Thanks so much!"

Mary Dubois called to schedule carpet cleaning for newly purchased condo and said "You do great work – I will always use you! And my neighbor uses you too."

Rick Winters said the cleaning went "Absolutely perfect. I even sent a thank you note just to let you know how wonderful those guys were and how much we enjoy our carpet. Thank you."

Tyler Zunker said the carpet cleaning "Went fantastic! They were able to get the stains out and all in all they did a great job. Thanks!"

Thank you for even more positive comments from...

Ann Bossmeyer, Jim Lenz, Stacey Seedorf, Emily Zadnick, Paul De Leeuw, Robert Noack, Dawn Schmidt, Amy Schwarz, Pat Nimocks, Katie Boelter, Keith Vieau, Gina Wendt, Beth Schmidt, Jann Charette, Eric Siudzinski, Miranda Carstens, Lexi Zingler, Greta Kuchta, Mary Daughtry, Barb and Ken Janssen, Charlene Johnson, Dennis Seidl, Laurie Boyle, Rod Smith, Sue Langer, Bea Lapp (House Mngr. for Cyndy Stiehl), Paul and Diane DeNoble, Rick Mattes, Debra Breska, Linda Zellner, Sandy Yerina, Jamie Sherf, Barb Reamer, Ken Adamnick, Amanda and Chad Buntin, Jim Hannaman